

2026 Summer Classes are 3 weeks long

May Session: May 4th-19th

June Session: June 1st-16th

July Session: July 6th-21st

Locations: Suite ONE (2600 Park Blvd Ste. 1) and **Courtside** (333 Speedway Cir Ste. 2)

Thank you for your trust in Nebraska ONE for your volleyball training. If you have class questions, please email we-are-one@nebraskaONE.com.

NOTE: You must register (and pay) for the class to be registered. All Grades for fall 2026 If classes are full, there will be a waitlist created.

CLASS FORMAT:

All classes are capped at the maximum number listed below. Therefore, the only option to “make up” classes are in our specific make up classes offered after class numbers are final (2nd week)

All Skills (Player max: 12, Coaches: 2): little to no volleyball experience, new to club volleyball or played YMCA volleyball in the past. Ready to get started with Nebraska ONE

Classes are \$48 per player per session.

PreK- K: Monday 5:30-6:30p at Suite ONE, Coach Jenna

1st-2nd Grade: Monday 5:30-6:30p at Suite ONE, Coach Jenna OR
Tuesday 5:30-6:30p at Suite ONE, Coach Callie Kohl

3rd-4th grade: Monday 4:30-5:30p at Suite ONE, Coach Jenna OR
Tuesday 5:30-6:30p at Suite ONE, Coach Callie Kohl

Team level (Player max: 10, Coaches: 2): Played Nebraska ONE on a team (club or ONE Z) or played for a different club level or pre club level team

Classes are \$54 per player per session

4th Grade: Team Level Monday 6:30-7:30p at Suite ONE, Coach Jenna

About your coaches:

- **Michelle** Sjuts (Lynch) is a former Husker setter/jump serving specialist. Michelle also has 3 active kids, she is our setting specialist.
- **Rachel** Culwell (Schwartz) is a former Husker and National Champion libero. Rachel is a current full time coach for Nebraska ONE and mom of two.
- **Callie** Kohl is a Nebraska ONE alumni, she played through the program 14s on up on a team that went to Nationals at least twice. She went on to play at Nebraska Wesleyan and coaches Nebraska ONE club teams 12 Apex and 16 Lime.
- **Jenna** Jones (Rouzee) is a former UNK Loper and All-American setter. Jenna is a full time coach for Nebraska ONE and assistant at NWU with two little girls, Remi and Charli!