

## 2025 Fall Classes

**Session 1: Sept 15<sup>th</sup> to Oct 17<sup>th</sup>**

**Session 2: Nov 10<sup>th</sup> to Dec 12<sup>th</sup>** (No classes Nov 26 & 27<sup>th</sup> for thanksgiving pick a make up)

**Locations: Suite ONE** (2600 Park blvd Ste. 1) and **Courtside** (333 Speedway Cir Ste 2)

If you have class questions, please email [we-are-one@nebraskaONE.com](mailto:we-are-one@nebraskaONE.com).

**NOTE: You must register (and pay) for the class to be registered. All Grades for fall 2025**

Our focus for this age is overhand serve and pass set hit. We pride ourselves on young players receiving the detailed information to make correct body movements for volleyball skills now. So when they get older, faster, bigger, stronger, they are still doing the skills correctly. Just more precise and powerful!

### All classes \$75 Session 1 or session 2.

**Ages 4-5 (pre K-K) all skills**

SESSION 1 ONLY: Mondays 430p-530p COURTSIDE coach Callie

**SESSION 2 ONLY:** Mondays 630p-730p Suite ONE coach Jenna

Tuesdays 430p-530p Suite ONE coach Jenna

**Ages 6-7 (1st-2nd) all skills**

SESSION 1 ONLY: Mondays 430p-530p COURTSIDE coach Callie

**SESSION 2 ONLY:** Mondays 630p-730p Suite ONE coach Jenna

Tuesdays 430p-530p Suite ONE coach Jenna

**Ages 7-8 (2<sup>nd</sup>/3<sup>rd</sup>) all skills**

Session 1 ONLY Mondays 430p-530p COURTSIDE ct 3 coach Tonia

### All classes \$85 Session 1 or session 2.

**3<sup>rd</sup>\*\* -4<sup>th</sup> grade**

Tuesdays 430-530p Back row play Courtside Coach Callie

SESSION 1 ONLY: Wednesdays 430-530p All skills Suite ONE coach Katelynn

**SESSION 2 ONLY:** Wednesdays 6-7 pm All skills Suite ONE coach Tonia

Thursdays 430-530p Overhand Serve COURTSIDE coach Callie

TEAM LEVEL: Thursdays 430-530p Suite ONE Jenna

### **About your coaches:**

**Jenna** Jones is a former UNK all American setter, and former college coach at Wesleyan and Doane and a mom of 2.

**Callie** Kohl is a former Nebraska ONE, SW high school and Nebraska Wesleyan Player. Callie also has a degree in sports management and this summer she came on full time with Nebraska ONE.

**Tonia** Tauke is a former Husker middle and club director for Nebraska ONE mom of 2.

**Katelynn** Seitz is the Nebraska ONE high school director and assistant club director of Nebraska ONE.