

2025 4v4 Summer League

Play real volleyball, play every position, play all the way around, play great competition! It's a 4v4 league or tournament for players only! Coaches optional! It is the players' chance to take all the skills they've worked so hard on and just play volleyball! It's a great league to work on that jump serve and play EVERY position! Get a 4v4 team together and sign up today!

Divisions (grades for fall 2025)

Pink: 3rd - 4th grade (lite ball)

Lime: 5th - 6th grade (lite ball)

Black: 7th - 8th grade (heavy ball)

Travel: 7th - 8th grade travel level

National: 9th - 11th grade

League Info

All league dates are 4 weeks consecutively on **Wednesdays**. League Matches start at 4:30pm and end at approx. 9:40pm. (Requests will be honored when possible).

Locations: Courtside (333 Speedway Circle Sxte 2) or Suite ONE (2600 Park Blvd Ste 1).

Session 1: May 7th-28th

Session 2: June 4th -25th

Session 3: July 9th - July 30th

League Fees

Single match per day: \$50 per player per session

Double match per day: \$90 per player per session

**you select this option at check out (single or double match)

Added Team Practice

(for registered 4v4 teams only)

\$45 per player per month (register by month)

Sign up for light ball (3rd-6th) or heavy ball (7th-8th)

April Practice \$35 ONLY: 530-630p Wed Courtside April 16, 23, 30

May/June Practice Tues Suite ONE 3p-4p May 27, June 10,17,24

July 4v4 Practice: Tues Suite ONE 3p-4p July 1, 8 15, 22

4v4 Info

- Up officials will be provided. Teams need to provide 1 line judge
- Warm up balls and carts also provided
- A minimum of 4 teams per session to run the division
- Teams play at least 4 matches per session
- Option to sign up for double header matches per night
- **Minimum of 5 players** per team registered for 4v4
- Players rotate like rec ball (server rotates out and comes in next rotation)
- Winning teams after round robin results will receive prizes
- No numbers or jerseys required but jerseys or similar outfits recommended
- Fun team cheers and fun team names recommended

Registration

All **individual players** must be registered for the first date of the month playing, or the tournament date you plan on playing.

Register at www.NebraskaONE.com. Click Register. Click Summer 4v4. An

Registration deadline: 10 days prior to 1st date of your session or until full!

Your schedule will be emailed out 1 week prior to the start of each session.