

Nebraska ONE High School Club Team Information 2025

Like every year, Nebraska ONE looks to make teams around our returning players at 14s-18s. Every high school player must attend a tryout, we feel as coaches this helps to evaluate the girls at their current skill level and correctly place girls on teams not only based on skill level, but commitment level, communication skills, and effort! We had a great showing at USAV Nationals and AAU Nationals this past season and are excited to see what the 2025 season brings.

Our team selection timeline for Nebraska ONE is as follows:

Travel tryouts are for anyone that wants to make a top travel team @ Nebraska ONE, players MUST attend tryouts to be placed on a team, if you cannot make tryouts email katelynn@nebraskaone.com for alternate times.

Local team information- scroll all the way down

Registration is OPEN until the day of tryouts. *Walk-ins Welcome.

Register here for travel tryouts: [Nebraska One Volleyball | 2025 High School Season \(crossbar.org\)](#)

Travel Team Tryouts:

- Nov. 10th 9:00am for travel 15s
- Nov. 10th 11:00am for travel 16s-18s
- Teams are announced at tryouts and you must pay your deposit to accept the spot on the team
- Nov 13th all travel players and parent must attend meetings, time TBD
- Travel Team meetings will include apparel sizing, discuss travel schedule, and all paperwork, deposit, and post-dated checks for any travel tournaments your team decides on are due.
- There will be a recruiting meeting beginning of December with your team as well

Travel Team Fees: \$1600

Here is what is included:

5-6 local tournaments in Nebraska (dates TBD by parents/coach)

Region Bid Tournament

2 Weekly Practices

Position Training broken up by team

Kratos Workouts

Nutrition

Hudl Assist & Hudl Recruiting

Pre-season Position Trainings & Practices

Payment plan:

\$300 due at tryouts

\$325 Jan 15th

\$325 Feb 15th

\$325 Mar 15th

\$325 April 15th

*Payments can be flexible but you must set up an alternate payment plan

Additional Costs:

- President's Day: \$190 (includes short sleeve jersey)
- Mandatory Apparel Package, this ranges from \$190-\$335 depending on what jerseys your player currently has
- Travel tournaments: \$260 per tournament
- Additional recruiting assistance, email Katelynn for more details on that

Pre-Tryout Clinics:

October 24th 7:30-9pm

October 28th 7:30-9pm

Nov 4th 7:30-9pm

Located at: 333 Speedway Cir Ste 2 Lincoln NE

\$20 per session

Register here for clinics: [Nebraska One Volleyball | 2025 Pre-Tryout Clinics \(crossbar.org\)](https://www.crossbar.org/Nebraska-One-Volleyball-2025-Pre-Tryout-Clinics)

Walk-ins welcome, \$20 due at the door

****YOUR HIGH SCHOOL SEASON MUST BE OVER TO ATTEND CLINICS**

2025 travel tournament options:

Kansas City MLK Qualifier:

January 18-20th (18s)

Windy City Qualifier:

January 18-20th (18s)

Lone Star Qualifier in Austin

January 17-19th (18s)

Northern Lights in MN:

Jan 31-Feb 2nd (17s & 18s)

AVC Qualifier in Dallas

January 31-Feb 2nd (18s)

President's Day in Omaha or Triple Crown in KC:

February 15-17th (15s-18s)

Midwest Qualifier:

March 14-16th (15s, 16 American & Liberty) **Held in St. Louis

March 21-23rd (16 Open, USA, and 17-18s) **Held in Indianapolis

Northern Lights in MN:

March 21-23rd (15 USA & American)

Mar 28- 30th (15 Open & Liberty, 16s)

Show Me in Kansas City:

April 12-14th (15 Open & USA, 16s, 17s)

April 18-20th (15 American & Liberty)

Windy City in Chicago:

April 18-20th 15s-17s

Lonestar in Dallas:

April 18-20th 15s & 16s American

April 25-27th (15 Open, 16s, 17s)

Lincoln/Omaha Region Bid Tournament March 30th

USAV Divisions in order are: OPEN, USA, Liberty, American, Freedom

Local Team Info:

Tryouts November 10th 4-5p and team placements November 20th 7:30-9p, players must attend tryouts and team placements. We will have jersey try-ons and apparel order at team placements.

\$1000: Deposit of \$300 due at team placements Nov 20th and the cost broken into 4 payments, contact katelynn@nebraskaone.com for additional payment plans

Local Team fees include:

- 5 Local Tournaments (dated TBD, determined by parents/coach)
- 1 Weekly Practice (time TBD, determined by parents/coach)
- 1 Weekly Position Training Class
- Team Shirt
- AAU Grand Prix in Lincoln April 26-27th as end of season tournament

Additional Costs for Local Teams:

- Mandatory Jersey Fee: Black Jersey \$50 *if you do not currently have
- Any additional apparel is optional
- Optional Kratos Classes
- Preseason Classes

