



Local Club team info (3rd grade-8th grade) Jan to April 2025 (one z info below)

Included in your local club team fees:

- 1 coach
- 1 almost mandatory team practice per week based on your team's schedule
- 10 skills classes Jan-April
- 5-6 one day tournaments in Nebraska
- 1 4v4 tournament TBD
- 1 team bonding event

LOCAL Club fees (other payment plans available)

9s-10s	--\$300 deposit in Oct.	\$150 in January.	\$150 in February.	\$150 in March.	Total \$750
11s-12s	--\$300 deposit in Oct	\$225 in January	\$225 in February.	\$225 in March.	Total \$975
13s-14s	--\$300 deposit in Oct	\$250 in January	\$250 in February.	\$250 in March.	Total \$1,050

Add ons to your base club fees

Jerseys (see below)

Mandatory Apparel Package (hoodie/team shirt/backpack)

USA volleyball annual membership (www.gpvb.org) for some teams

Kratos (volleyball specific work outs) Nov-Dec \$95. Jan-April \$190

Fall classes session 2 see details at www.nebraskaone.com click "classes"

Local team Jersey info

- Basic Short Sleeve: (\$48 if you don't have a short sleeve)

- Short sleeved dye sub Lime: (\$48 for new to club players)

NOTE: we are phasing out the long sleeve jerseys for club level

Important dates for LOCAL TEAMS

Register for local teams by Oct 23rd

Local Team MEETING--Oct 27th 3p-5p Jerseys/Apparel/Deposits

January 6th First week of club practice

Last week of club practice is prior to your last scheduled tournament (in April)

Tournament schedules are based on your team's individual availability

Tryouts for 3rd-8th grade

Registration is required online. All tryouts are at 333 Speedway Cir Ste 2 and \$20 per player per tryout.

Register here: [Nebraska One Volleyball | 2025 14s & Under Club Season \(crossbar.org\)](http://Nebraska One Volleyball | 2025 14s & Under Club Season (crossbar.org))

Returning NVL 2024 players must register for tryouts or as a returning player (not attending tryouts). If you want to be on a travel team, you must attend Travel team tryouts.

LOCAL TEAM & ONEZ TRYOUTS .Wednesday October 23rd at Courtside

3rd & 4th Grade 430p

5th & 6th grade 6p

7th & 8th grade Tryouts 730p

TRAVEL TEAM TRYOUTS for 7th & 8th grade (13s/14s) is Oct 7th and/or 8th

7th grade (13s) 630p Can not turn 14 until after July 1st 2025

8th grade (14s) 8p Can not turn 15 until after July 1st 2025

Travel team meetings Oct 9th email tonia@nebraskaone.com for pricing and details for travel teams

TRAVEL TEAM TRYOUTS for 5th & 6th grade (11s/12s) is Oct 21st

5th grade (11s) 630p Can not turn 12 until after July 1st 2025

6th grade (12s) 630p Can not turn 13 until after July 1st 2025

Travel team meetings Oct 27th. email tonia@nebraskaone.com for pricing and details for travel teams

Pre-Tryout Clinics (make up tryouts) 333 speedway cir ste 2

Coaches will be available for questions \$15 per player

3rd & 4th Grade: Oct 20th 1245p-145p and/or Mon Oct 21st 5p-6p

5th & 6th Grade: Oct 17th 630-730p and/or Sun Oct 20th 2pm-3pm

7th & 8th Grade: Oct 17th 745p-845p and or Sun Oct 20th 315p-415p

Register here: [Nebraska One Volleyball | 2025 Pre-Tryout Clinics \(crossbar.org\)](https://crossbar.org/2025/01/nebraska-one-volleyball-2025-pre-tryout-clinics)



ONE Z teams (3rd grade-6th grade) January/February & March/April

ONE Z is the perfect step to be club ready the following year with a combination of 4v4 and 6v6. This program starts in January and ends in APRIL with 2 sessions for those of you would rather wait until basketball season is over or be done before soccer season begins.

The 2 sessions consist of team practices and 4v4 in Jan/Feb and team practices and 6v6 in March/April

Session 1: Jan/Feb

- 1 team practice on Fridays beginning Jan 10th.
- Teams will play 4v4 on Saturdays Jan 25, Feb 1, 8, 22.

Session 2: March/April

- 1 team practice on Fridays through the final tournament date
- 3 6v6 tournaments March 29, April 12, April 27 (yes a Sunday)

Players also receive

- 1 Nebraska ONE t-shirt

Player fees: Deposit of \$150 due Oct 27th to reserve your spot in either session 1 or 2 or both.

Session 1: \$300

Session 2 \$300

Both sessions \$550 (save \$50) \$150 Due Jan 13. \$150 Due Feb 13. \$100 Due March 13

Jersey Fee: \$48

Important dates for ONE Z mark your calendars:

- Oct 23rd registration deadline
- Oct 27th 6p-7p apparel/jersey/deposit
- Jan 10th Session 1 first practice
- Feb 28th Session 2 first practice
- Last practice the week before your last tournament

Same Tryout info as local teams (above)