

2024 Fall Classes

Session 1: Sept 16th to Oct 17th

Session 2: Nov 13th to Dec 18th (No classes Nov 27th for thanksgiving)

Locations: Suite ONE (2600 Park blvd Ste. 1) and **Courtside** (333 Speedway Cir Ste 2)

If you have class questions, please email we-are-one@nebraskaONE.com.

NOTE: You must register (and pay) for the class to be registered. All Grades for fall 2024

Our focus for this age is overhand serve and pass set hit. We pride ourselves on young players receiving the detailed information to make correct body movements for volleyball skills now. So when they get older, faster, bigger, stronger, they are still doing the skills correctly. Just more precise and powerful!

All classes \$75 Session 1 or session 2.

Ages 4-5 (pre K-K) all skills

Mondays 430p-530p Suite ONE coach Callie

Tuesdays 430p-530p COURTSIDE coach Jenna

Ages 6-7 (1st-2nd) all skills

Mondays 430p-530p Suite ONE coach Callie

Tuesdays 430p-530p COURTSIDE coach Jenna

Ages 7-8 (2nd-3rd grade)** all skills

Mondays 530-630p Suite ONE coach Callie

Tuesdays 530p-630p COURTSIDE coach Jenna

All classes \$85 Session 1 or session 2.

3rd -4th grade**

Mondays 430-530p Overhand serve help coach Tonia

Mondays 530-630p ALL Skills Suite ONE coach Callie

Tuesdays 530p-630p ALL Skills COURTSIDE coach Jenna

About your coaches:

Jenna Jones is a former UNK all American setter, and former college coach at Wesleyan and Doane and a mom of 2.

Callie Kohl is a former Nebraska ONE, SW high school and Nebraska Wesleyan Player. Callie also has a degree in sports management and this summer she came on full time with Nebraska ONE.

Tonia Tauke is a former Husker middle and club director for Nebraska ONE mom of 2.

Katelynn Seitz is the Nebraska ONE high school director and assistant club director of Nebraska ONE.