

Nebraska ONE High School Club Team Information 2024

Like every year, Nebraska ONE looks to make teams around our returning players at 14s-18s. Every high school player must attend a tryout, we feel as coaches this helps to evaluate the girls at their current skill level and correctly place girls on teams not only based on skill level, but commitment level, communication skills, and effort! We had a great showing at USAV Nationals in Chicago and Columbus this past season, including 14 Black, 15 Black, 16 Synergy, 16 Black, 17 Black, 18 Black, and 18 Lime. We are looking to continue that success this upcoming season.

Our team selection timeline for Nebraska ONE is as follows:

You must register for the timeslot corresponding with player age.

Registration is OPEN until the day of tryouts. *Walk-ins Welcome.

NEW We will be offering travel team options and local teams for high school. Local team tryouts are a separate tryout, and if coaches do not see your player fitting on a travel team, we will ask them to come back for the local tryouts. See below for all the travel team information and local team information.

Tryouts:

- Nov. 5th 9:00am for travel 15s
- Nov. 5th 11:00am for travel 16s
- Nov. 5th 1:00pm for travel 17-18s
- Local team tryouts: Nov. 5th 4-5:00pm, open to 7th-11th graders
- \$20 per player
- Travel teams are announced at tryouts and deposit is due to accept your team spot
- Local team placements are Wednesday Nov. 15th 7:30-9pm, deposit is due at this time
- Nov. 12th all travel players and parent must attend meetings, time TBD, typically late afternoon/evening
- Travel Team meetings will include apparel sizing, discuss travel schedule, and all paperwork, deposit, and post-dated checks for any travel tournaments your team decides on are due.
- Pre-Tryout Open Gyms:
 - October 23rd 7:30-9pm
 - October 25th 7:30-9pm
 - October 31st 7:30-9pmLocated at: 333 Speedway Cir Ste 2 Lincoln NE
\$20 per session
Register within the tryout registration
Walk-ins welcome, \$20 due at the door
****YOUR HIGH SCHOOL SEASON MUST BE OVER TO ATTEND CLINICS**

To Register:

- Go to <https://nebraskaonevolleyball.sportngin.com/register/form/799651589>
- Register for the tryout time that you will attend
- All players returning or new **MUST** attend 1 of the tryouts ****if you are unable to attend either dates, email katelynn@nebraskaone.com to schedule a 1-1 tryout prior to November 5th**

2024 travel tournament options:

*Your team decides on 1-3 options

Kansas City MLK Qualifier:

January 13-15th (18s)

Northern Lights in MN:

Jan 26-28th (15,17s & 18s)

President's Day in Omaha:

February 17-19th (15s-18s)

Denver: *NOT A USAV SANCTIONED EVENT

March 9-11th (15s-18s)

Midwest Qualifier:

March 15-17th (15s, 16 Open & USA, 17-18s) **Held in Indianapolis

March 15-17th (16 American, 16 Liberty) **Held in St. Louis

March 22-24th (15s) **Held in St. Louis

Northern Lights in MN:

March 22-24th (16s)

Show Me in Kansas City:

April 6-8th (15 Open, USA, 16-17s)

April 12-14th (15 American, 15 Liberty)

Windy City in Chicago:

March 29-31st (15-18s)

Lonestar in Dallas:

April 13-15th (15s)

April 19-21st (15 Open, 16s, 17s)

AAU Grand Prix in Lincoln:

April 27-28th (15s-18s)

Lincoln/Omaha Region Bid Tournament Dates TBD

USAV Divisions in order are: OPEN, USA, Liberty, American, Freedom

Nebraska ONE high school travel teams can expect for 2024

5-6 local tournaments in Nebraska (dates TBD by parents/coach)

1 Region bid Tournament to nationals in Nebraska (if applicable, no refunds)

1-3 travel tournaments decided on by coaches/parents* extra cost

1 mandatory weekday practice Jan-April

1 mandatory weekend practice Jan-April *when your team does not have tournament

Weekly Position Training & Kratos workouts

2-4 pre-season position trainings Nov/Dec

3-5 Preseason team practices

Travel Team Club Dues Per Player: \$1300

Proposed payment plan

Deposit due @ tryouts: \$300

Jan: \$400

Feb \$300

March \$300

*Contact for additional payment options

**Players that make a 1s or 2s team will have an additional fee for Nutrition/Hudl, contact Katelynn for more details

Additional Costs:

- President's Day: \$190 (includes short sleeve jersey)
- Apparel Package, this ranges from \$190-\$335 depending on what jerseys your player currently has
- Travel tournaments: \$255 per tournament
- Additional recruiting assistance, email Katelynn for more details on that

Local Team Info:

Tryouts November 5th 4-5p and team placements November 15th 7:30-9p, players must attend tryouts and team placements. We will have jersey try-ons and apparel order at team placements.

\$1000: Deposit of \$300 due at team placements Nov 15th

Local Team fees include:

5-6 Local Tournaments (dated TBD, determined by parents/coach)

1 Weekly Practice (time TBD, determined by parents/coach)

1 Weekly Position Training Class

Team Shirt

AAU Grand Prix in Lincoln April 27-28th as end of season tournament

Additional Costs for Local Teams:

Mandatory Jersey Fee: Black Jersey \$48 *this is a new jersey

Any additional apparel is optional

Optional Kratos Classes

Preseason Classes

