



## Local Club team info (4<sup>th</sup> grade-8<sup>th</sup> grade) Jan to April 2023 (one z info below)

Included in your local club team fees:

- 1 coach
- 1 almost mandatory team practice per week based on your team's schedule
- 12 skills classes Jan-April
- 6 one day tournaments in Nebraska
- 1 4v4 tournament January 21<sup>st</sup>
- 1 team t-shirt with player names and numbers on the back
- 1 team bonding event (Christmas Party week of Dec 12<sup>th</sup>)
- \$25 off coupon for fall session 2 classes Oct 24<sup>th</sup>-Dec 9<sup>th</sup>.

**Club fees** (other payment plans available)

10s & 11s	--\$275 deposit in Oct.	\$200 in January.	\$150 in February.	\$150 in March.	Total \$775
12s	--\$275 deposit in Oct	\$200 in January	\$200 in February.	\$200 in March.	Total \$875
13s & 14s	--\$275 deposit in Oct	\$235 in January	\$235 in February.	\$230 in March.	Total \$975

Add ons to your base club fees

Jerseys (see below) & optional warm ups and other optional apparel items

USA volleyball annual membership ([www.gpvb.org](http://www.gpvb.org)) for details

Kratos (volleyball specific work outs) Oct-Dec \$75. Jan-April \$150

Local team Jersey info

For 2023 club season our jersey will be:

- Basic Black Long sleeve from NVL 2022 and Club 2022: (\$42 for new players only)
- Short sleeved dye sub Lime: (\$55 for new to club players)
- Size exchanges for returning players are free in BLACK ONLY.

**Important dates mark your calendars:**

- Register by Oct 12<sup>th</sup>
- MEETING--Wed Oct 19<sup>th</sup> 730-830p Jerseys/Apparel/Deposits
- January 8<sup>th</sup> First week of club practice
- Last week of club practice is prior to your last scheduled tournament (in April)
- Tournament schedules are based on your team's individual availability

**Tryouts for club (4<sup>th</sup>-8<sup>th</sup>) and ONE Z (4<sup>th</sup>-6<sup>th</sup> only)**

***Motivated 3<sup>rd</sup> graders are welcome to tryout for 4<sup>th</sup> grade teams.***

Registration is required online: <http://nebraskaone.com/teams/> Returning NVL 2022 players must register as a returning player but are not required to tryout. It is optional.

**Monday October 10<sup>th</sup> at Courtside**, 333 Speedway Cir Ste 2 \$20 per player

Travel Level and Club Level

7<sup>th</sup> grade Tryouts 630p

8<sup>th</sup> grade Tryouts 8p

**Wednesday October 12<sup>th</sup> at Courtside**, 333 Speedway Cir Ste 2 \$20 per player

Travel Level, Club Level, and ONE Z Level

4<sup>th</sup>-5<sup>th</sup> grade 530p (3<sup>rd</sup> graders playing at 4<sup>th</sup> grade level welcome)

6<sup>th</sup> grade 7p

**Tuesday Oct 18<sup>th</sup> ONE Z Tryout ONLY Courtside**, 333 Speedway Cir Ste 2: \$20 per player

4<sup>th</sup>-6<sup>th</sup> grade 530p-630p (3<sup>rd</sup> graders playing at 4<sup>th</sup> grade level welcome)

**Pre-Tryout Clinics (make up tryouts) 333 speedway cir ste 2**

Coaches will be available for questions

\$15 per player

7<sup>th</sup>-8<sup>th</sup> Grade Sat Oct 8<sup>th</sup> 2pm-3pm AND/OR Sun Oct Oct 9<sup>th</sup> 730p-830p

4<sup>th</sup>-6<sup>th</sup> Grade Sat Oct 8<sup>th</sup> 1p-2p AND/OR Tuesday Oct 11<sup>th</sup> 530p-630p



## **ONE Z teams (4<sup>th</sup> grade-6<sup>th</sup> grade) January/February & March/April**

ONE Z is the perfect step to be club ready the following year with a combination of 4v4 and 6v6. We are revamping our ONE Z program to start in January and end in APRIL with 2 sessions for those of you would rather wait until basketball season is over or be done before soccer season begins.

The 2 sessions consist of team practices and 4v4 in Jan/Feb and 6v6 in March/April

### Session 1: Jan/Feb

- 1 team practice on Fridays beginning Jan 13<sup>th</sup>
- Teams will play 4v4 on Saturdays Jan 21-Feb 25 (Feb 17 instead of 18 that 1 week)

### Session 2: March/April

- 1 team practice on Fridays through the final tournament date
- 3 6v6 tournaments March 25, April 16, and April 29.

Players also receive

- 1 Nebraska ONE t-shirt
- \$25 off weekly classes Oct-Dec. Jan/Feb March/April (up to \$75 total per player)

**Player fees: Deposit of \$150 due Oct 18<sup>th</sup> to reserve your spot in either session 1 or 2 or both.**

**Session 1: \$275**

**Session 2 \$275**

**Both sessions \$490 (save \$60) \$150 Due Jan 13. \$100 Due Feb 13. \$90 Due March 13**

**Jersey Fee: \$42**

### **Important dates mark your calendars:**

- Oct 18<sup>th</sup> registration deadline
- Oct 19<sup>th</sup> 7p-830p apparel/jersey/deposit
- Jan 13<sup>th</sup> Session 1 first practice
- March 10<sup>th</sup> Session 2 first practice
- Last practice the week before your last tournament

### **Tryouts for ONE Z (4<sup>th</sup>-6<sup>th</sup> only)**

*Motivated 3<sup>rd</sup> graders are welcome to tryout for 4<sup>th</sup> grade teams.*

Registration is required online: <http://nebraskaone.com/teams/>

**Wednesday October 12<sup>th</sup> at Courtside,** 333 Speedway Cir Ste 2 \$20 per player

Travel Level, Club Level, and ONE Z Level

4<sup>th</sup>-5<sup>th</sup> grade 530p (3<sup>rd</sup> graders playing at 4<sup>th</sup> grade level welcome)

6<sup>th</sup> grade 7p

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