Included in your local club team fees:

- 1 coach
- 1 almost mandatory team practice per week based on your team's schedule
- 12 skills classes Jan-April
- 1 preseason tournament Spikes or Courtside
- 5 one day tournaments in Nebraska
- 1 4v4 tournament
- 1 team t-shirt with player names and numbers on the back
- 1 team bonding event (pending covid restrictions)
- \$25 off coupon for fall session 2 classes Oct 25th-Dec 9th.

Club fees (other payment plans available)

Email tonia@nebraskaONE for pricing details.

Add ons to your base club fees

Jerseys (see below) & optional warm ups and other optional apparel items
USA volleyball annual membership (www.gpvb.org) for details
Kratos (volleyball specific work outs) will be an option for an additional fee both Jan-April & Oct-Dec

Local team Jersey info

For 2022 club season our jersey will be:

- Basic Black Long sleeve from NVL 2021 and Club 2021: (\$38 for new players only)
- NEW: Short sleeved dye sub Lime: (\$38 for all players)
- Size exchanges for returning players are free in BLACK ONLY.

Important dates mark your calendars:

- Oct 20th registration deadline
- Sunday Oct 31st club open house from Noon-2p
- January 5th First week of club practice
- Last week of club practice is prior to your last scheduled tournament
- Tournament schedules are based on your team's individual availability

<u>Tryouts for club (4th-8th) and ONE Z (4th-6th only)</u> *Motivated 3rd graders are welcome to tryout for 4th grade teams.*

Wednesday Oct 20th at Courtside, 333 Speedway Cir Ste 2 \$20 per player

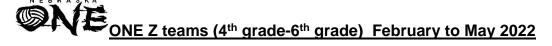
4th-5th grade 4:30p (3rd graders playing at 4th grade level welcome) 6th grade 545p 7th grade 7p 8th grade 8:30p

Wednesday Oct 27st ONE Z Team and 4v4 Tryout ONLY Courtside, 333 Speedway Cir Ste 2: \$20 per player

4th-6th grade 630p (3rd graders playing at 4th grade level welcome)

Registration is required online: http://nebraskaone.com/teams/ Returning NVL 2021 players must register as a returning player but are not required to tryout. It is optional.

Optional Tryout Clinics with Parent Q & A (yes you can attend the meeting 15-20 mins following each free) Wed Oct 13th 4th-8th grade 630-8p . \$15 per player



The ONE Z 6v6 teams will attend group instruction on Friday nights in February-March, Mid-March, teams will break into their own practice slots and start competition in YMCA spirit league. There are also 3 pre determined spring NVL tournaments similar to the fall NVL tournaments going on right now.

- 6 Friday night team training classes Feb/March
- 8 team practices March/April
- 3 NVL tournaments (dates TBD)
- 6+YMCA Sunday Games April/May
- 1 Nebraska ONE t-shirt
- 1 Nebraska ONE Black jersey***
- 1 team coach
- 7 8 teammates

Player fee: email tonia@nebraskaone.com for pricing details

**Players who already have a black long sleeve jersey (Free black jersey exchanges) will receive a \$25 credit for Nebraska ONE apparel items (warm ups, back packs, etc).

**Players responsible for the YMCA Spirt fee, must register online at YMCA website.

Important dates mark your calendars:

- Oct 27nd registration deadline
- Oct 31st apparel orders/try on only Noon-2p
- Mid Feb first practice for ONE Z group sessions
- Last practice the week before your YMCA game (May)



2nd-5th Grade 4v4 Train & Play Oct-Dec 2021, Jan-Feb 2022, March-April 2022

- 1 weekly 45 minute practice
- weekly 4v4 games (15 minutes)
- \$25 off coupon to add a 1 weekly class to perfect skills
- 1 Nebraska ONE t-shirt
- 1 4v4 Tournament Each Session:
- No tryouts register for each session of Train & Play at www.nebraskone.com under classes Session Fee \$135

Oct 25th- Dec 9th: Tournament Date Sunday Nov 14th 2nd-3rd grade Mondays 630p-730p 4th-5th grade Fridays 5p-6p

Jan 10th -Feb 25th Tournament Date: TBD 2nd-3rd grade Tuesdays 630p-730p or Fridays 430-530p 4th-5th grade Wednesdays 5p-6p or Fridays 530p-630p

Feb 28- Apr 22 (off LPS spring break March 14-18) Tournament Date: TBD 2nd-3rd grade Tuesdays 630p-730p 4th-5th grade Wednesdays 5p-6p