2020NE Summer Camps

Head Coaches: Claire McDermott, Katelynn Seitz, Tonia Tauke, Rachel Culwell, Michelle Sjuts

Coaches may be requested, other coaches also available upon request

Location: Courtside (333 Speedway Cir Ste 2)

Team Camp

(register via email as a team starting April 15th until full)

Volleyball is a team sport come to camp as team!

- Teams of any age/grade/skill level can choose any 2 consecutive days below.
- Team Camp is \$80 per player
- Pricing for 8-12 players (more or less? call for quote)
- Team Camp will cover:
 - o complete skill detail (requests welcome) with an emphasis on teamwork
 - o your next level of rotations, serve receive, transition, and free ball plays
 - importance of team communication and information sharing
- To reserve your team camp, please email: tonia@nebraskaone.com

Pick 2 days for team camp from 9-Noon

May 31st-June 3rd July 5th-9th

June 7th-11th July 12th-16th

June 14th-18th July 19th-23rd

June 21st -25th

Individual Camps

(register as an individual starting April 15th online at www.NebraskaONE.com)

- Individual camp is \$80 per player for 2 day. \$25 for 1 day.
- Register online at <u>www.NebraskaONE.com</u>

Club Prep 4th-7th Grade: July 26th -27th 1230p-3p

Club Prep covers advanced skills required for fall teams right before tryouts.

Travel Prep 6th-8th Grade: July 26th-27th 9a-noon

Travel prep covers skills, communication, anticipation it takes to be successful at the travel level.

Jump Serving 5th-7th Grade: July 15th OR 29th 10-noon (jump float and top spin)

All Hitting skills 5th-7th Grade: July 15th OR 29th 1230p-230p Calling all Setters 5th-7th Grade: June 22 OR July 20 1230-230p Passing/Defense 5th-7th Grade: June 17th OR 24th 1230-230p